

Here is how to receive assistance.

### Coastline EAP

Main Rhode Island Office:

300 Centerville Road #3015, Warwick and four other Rhode Island locations

[www.coastlineeap.com](http://www.coastlineeap.com)

You or your family member may telephone Coastline EAP and identify yourself as a Rhode Island Bar Association member seeking help. A Coastline EAP consultant will briefly discuss your concerns to determine if you are in a crisis situation and need immediate attention. If not, initial appointments are made within 24 to 48 hours at a location convenient to you. **To speak to a Coastline EAP consultant telephone:**

**401-732-9444 or 1-800-445-1195**

More information, including contact information for members of the Lawyers Helping Lawyers Committee, can be found at [www.ribar.com](http://www.ribar.com) and in every issue of the **Rhode Island Bar Journal**.



## RI BAR ASSOCIATION Lawyers Helping Lawyers

41 Sharpe Drive  
Cranston, RI 02920

401-421-5740

[www.ribar.com](http://www.ribar.com)

*(Lawyers Helping Lawyers on For Attorneys Page)*

Lawyers  
Helping  
Lawyers



**CONFIDENTIAL, NO  
CHARGE ASSISTANCE  
OPTIONS FOR YOU**

## CONFIDENTIAL ASSISTANCE TO MEET YOUR NEEDS

**Rhode Island Bar Association members and their dependents may receive free and confidential help**, information, assessment and referral for personal concerns through the Association's contract with **Coastline Employee Assistance Program (EAP)**, formerly RIEAS, and through the members of the Rhode Island Bar Association's Lawyers Helping Lawyers Committee. To discuss your concerns or those you may have about a colleague, you may call Coastline EAP, contact a Lawyers Helping Lawyers Committee member, or use both resources.

The professionals at Coastline EAP provide **confidential consultation** for a wide range of personal concerns **including but not limited to:**

- balancing work and family,
- depression,
- anxiety,
- domestic violence,
- aging,
- grief,
- career satisfaction,
- alcohol and substance abuse, and
- gambling problems.

The **Lawyers Helping Lawyers Committee** members choose this volunteer assignment because they **understand the issues and want to help their peers find answers and appropriate courses of action**. Committee members listen to your concerns, share their

experiences, and offer advice and support. Coastline EAP professional mental health counselors work with you to address your concerns.

Coastline EAP is a private, non-profit consulting service that ensures confidentiality and protects your privacy. **Working with Coastline EAP is easy**. Simply pick up the telephone and arrange an appointment with a personal health care consultant. At your initial appointment, your Coastline EAP consultant works with you to review your concerns and to develop a reasonable, and mutually agreed upon, course of action to address your issues.

Once you have decided on your action plan, your Coastline EAP consultant helps match you with the right resources. If treatment is part of your plan, your consultant draws on hundreds of skilled professionals and programs in Rhode Island and throughout the United States.

Coastline **EAP consultant services are completely free for you and your dependents**. If you require the further services of private clinicians or treatment programs, your consultant helps you choose services in accordance with your existing medical benefits. In most cases, your medical benefits will cover all or a significant portion of counseling or treatment costs.

If you or your family member does not have medical coverage, Coastline EAP and the Rhode Island Bar Association will work to

secure free services or negotiate sliding scale fees or extended payments to help eliminate or reduce financial barriers to better health.

## YOUR PRIVACY IS PROTECTED

Pursuant to Supreme Court Rule of Professional Conduct 8.3 and state and federal health care law, all communications with the Committee and Coastline EAP are strictly confidential and all records are carefully safeguarded.

## LAWYER TO LAWYER SUPPORT

Before or during your contact with a Coastline EAP consultant, you may choose to seek peer assistance from a member of the Lawyers Helping Lawyers Committee. Peer attorneys will lend an ear, share their experiences, and, if necessary, advise you on re-entering legal practice or accompany you to self-help meetings.

Committee member attorneys have chosen this volunteer assignment because each has an understanding of impairments and a desire to help.

In appropriate circumstances members of the Committee will help with an attorney's participation in a Supreme Court Disciplinary Board diversion program whereby successful completion and ongoing compliance with a prescribed treatment regimen will enable an attorney to mitigate or avoid discipline.