

8 Shelter in Place Activities

If social distancing has you stuck inside going stir crazy, here are several activities you can do to pass the time and keep boredom at bay.

Try a Virtual Class



While gathering in a classroom is not advisable right now, thanks to the power of the internet, classes of all kinds are still available. Learning something new and thinking critically are great ways to stave off cabin fever.

Virtual Museums



Famed museums like the National Museum of Natural History in Washington, DC are offering online experiences, allowing viewers to learn about the exhibits in the museums from the comfort of their homes.

Start an Indoor Garden



It might seem surprising but one of the most effective ways to practice self-care is to take care of something other than yourself. With that in mind, this might be the perfect opportunity to start an indoor herb garden.

Read a Book



Books prove to be an increasingly welcome respite from the at times dizzying and disheartening news cycle. Now all of those books you've been meaning to read can finally get the attention they deserve!



Start a Craft Project

Have you ever had the itch to pick up a new craft? Now is the time to try something new! Crocheting or knitting could be a place to start, or try scrapbooking and use this time to catalog your photos and get creative.



Watch a Broadway Show

For a limited time, Broadway musicals and shows are available to stream for free online. Now you can still experience the magic of theater from the comfort of your couch.



Stay Active

Staying at home for prolonged periods of time can pose a significant challenge for remaining physically active. To kick start your new at-home fitness routine, try out one of the countless at-home workout videos on YouTube, or download a new fitness app to your phone.



Virtual Happy Hour

Many people are turning to platforms like Zoom and Google Hangouts for virtual meetings, but you can also use them to spend time with your friends. Organize a group happy hour and sign on at the same time to make it feel like you're together even when you're not.

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